

TASBURGH QUARTERLY & CHURCH NEWS

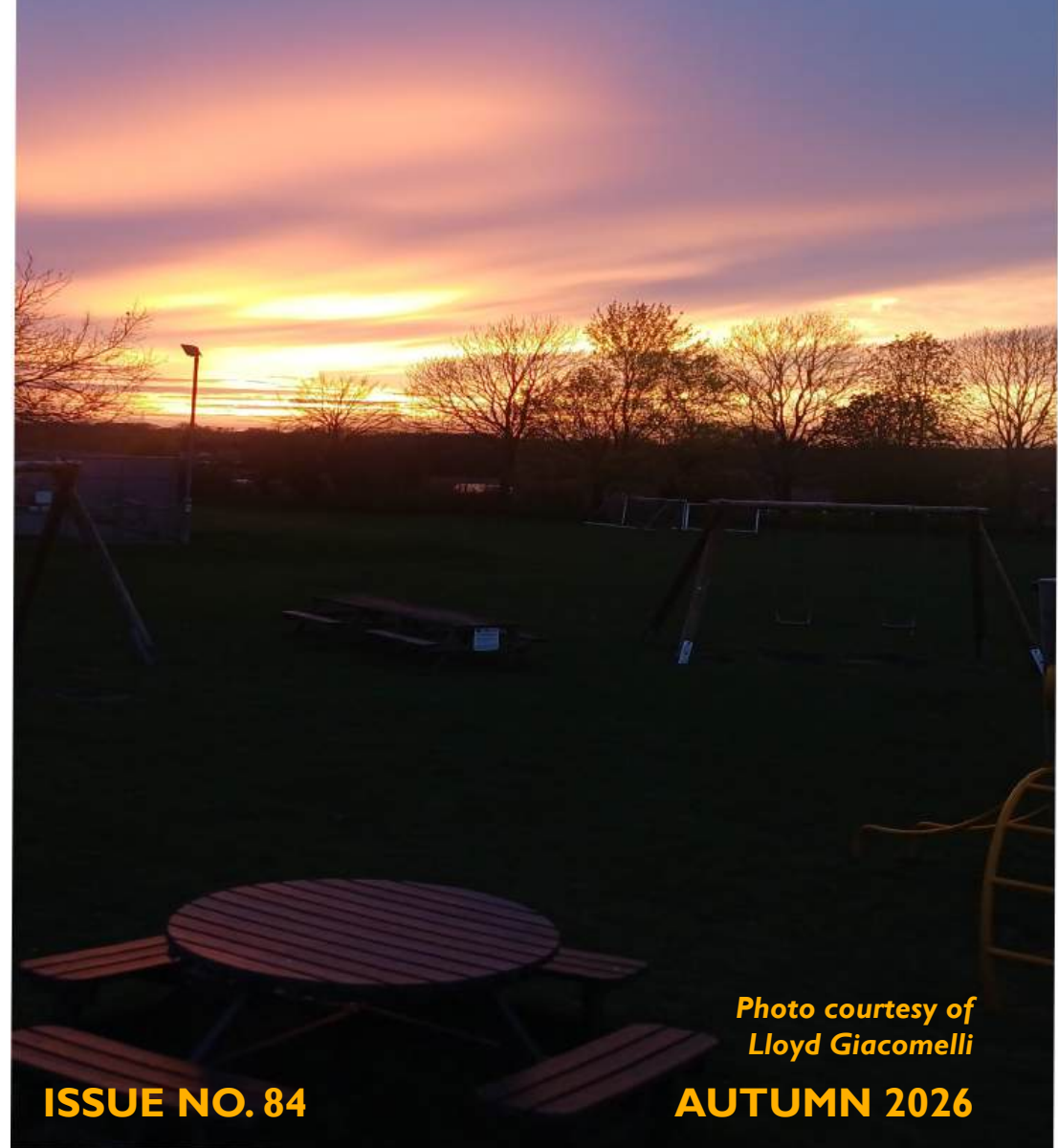


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Lloyd Giacomelli*

ISSUE NO. 84

AUTUMN 2026

Classifieds

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Useful Names & Contact Details

LOCAL COUNCIL & COUNCILLORS

Parish Council Chair	Brian McGuire	01508 471909
Parish Council Clerk	Tina Eagle	01508 494569

DISTRICT COUNCILLOR

Martyn Hooton	07776 142027
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COUNTY COUNCILLOR

Karl Catchpole	to be confirmed
Karl.catchpole.cllr@norfolk.gov.uk	

MEMBER OF PARLIAMENT

Ben Goldsborough	020 7219 3000
Ben.goldsborough.mp@parliament.uk	

NORFOLK COUNTY COUNCIL

County Hall	0344 800 8020
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SOUTH NORFOLK DISTRICT COUNCIL

Horizon Centre, Broadland Business Park	01508 533701
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URGENT NUMBERS

EMERGENCY	999
Non-Emergency Police	101
enquiries@norfolk.pnn.police.uk	
Non-Emergency Medical	111

Power Cuts	105
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GP SURGERY

Long Stratton Medical Partnership	Swan Lane , Tharston	01508 530781
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CHURCH

Church News	Rev'd Dawn Davidson	01508 498924
Parochial Church Council/Yellow Pages	Valerie Cook	01508 470298

VILLAGE HALL

Chair	Graham Pates	07586 456500
	grahampates@gmail.com	
Secretary tbc	admin@tasburghvillagehall.org.uk	
Bookings tbc	bookings @tasburghvillagehall.org.uk	

TASBURGH SCHOOL

Preston CE Primary School	01508 470454
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COMMUNITY GROUPS

Tasburgh United Charities	Jill Casson	01508 470334
Tasburgh Carers Group	Rachel Mahoney	01508 471271
1st Tasburgh Scout Group	Becky Pates	
	Bex.pates@gmail.com	
Tasburgh Sport & Social Club Chair	James Hanton	
	james-hanton@hotmail.co.uk	
Tasburgh Short Mat Bowls Club	Dave Moore	01508 471041
Tasburgh Allotment Society (TAS)	Simon Orford	01508 4 71539
Tasburgh United Football Club	Paul Swinton	to be confirmed
Long Stratton & Tasburgh Men's Shed	Pete Sluman	01508 471529
St Mary's Guild	Julia Orpin	01508 470983
Fitness Club (Over 50's)	Don Gibbins	01508 470225
Fat Dad's Football	Bill Wheeler	01508 471633
Martial Arts	Andrew Gillingwater	07775 890359
Tasburgh Tea Room	Andrea Sluman	01508 471529
St Mary's Church Craft Group	Jane Rae	07910 482852

Inaccuracies or omissions? Please contact clerk@tasburghparishcouncil.gov.uk

Tasburgh Parish Council, Serving the Village of Tasburgh



MEETINGS

Parish Council meetings are held on the third Tuesday of the month currently in the Main Hall of the Village Hall at 7.30pm . **Planning Meetings**, if required, are usually held on the first Tuesday of the month, in the Village Hall Committee Room at 7pm. **Agendas** are posted on the village notice boards and the website at least three days beforehand.

Parish Council Meetings will continue to be held in Tasburgh Village Main Hall until further notice. Public are welcome to attend all Parish Council meetings; this is your opportunity to speak or ask questions.

MEETING DATES 2026

20th January	19th May	15th September
17th February	16th June	20th October
17th March	21st July	17th November
21st April	18th August	15th December

The next Annual Parish Meeting will be held 27th April 2027

Please note, if you would like an item to appear on the Agenda, details must be sent to the Clerk at least eight days before the meeting. The Council is unable to make a decision on anything not included on the agenda but can discuss newly raised matters and refer them to the next meeting. **Minutes** of meetings are posted on the website or are available from the Clerk.

PARISH COUNCIL SURGERIES

Councillors are still willing to discuss any issues you may have with you; their contact details can be found opposite on page 5.

Tasburgh Parish Council, Serving the Village of Tasburgh

Contacting the Parish Council

If you would like to know more, have any comments about Tasburgh Parish Council and its work, or you have any issues you wish to be raised, please contact one of the Councillors or the Parish Clerk.

YOUR COUNCILLORS

Jill Casson	12 Hastings Close jillcasson.tasburghpc@gmail.com	470334
Matthew Read	Pilgrim Cottage, mattread.tasburghpc@gmail.com	07879 816975
Willie Crawshay	The Grange williecrawshay.tasburghpc@gmail.com	471650
Brian McGuire	12 Curson Road brianmcguire.tasburghpc@gmail.com	471909
Andrew Patrick	Jasmine Cottage andrewpatrick.tasburghpc@gmail.com	07775 898301
Keith Read	Thornly Barn keithread.tasburghpc@gmail.com	07483 841082
Adrienne Watts	Grove Cottage Adriennewatts.tasburghpc@gmail.com	470217
Preston Thomas	4 Church Road prestonthomas.tasburghpc@gmail.com	07730 049077
Jackie Trenavin	Mistletoe Cottage Jackietrenavin.tasburghpc@gmail.com	07717 820651

Parish Clerk

Tina Eagle
17 Alder Close

Poringland, Norfolk, NR14 7LY

Email: clerk@tasburghparishcouncil.gov.uk

01508 494569

NOTE NEW EMAIL

Website

www.tasburghparishcouncil.gov.uk

Tasburgh Parish Council News

Welcome to this issue of the Tasburgh Quarterly.

SEE YOU AT THE VILLAGE HALL SUMMER FETE

The Parish Council will be having a stand at the village fete taking place on **13th September 2026**. Andrew Patrick is kindly providing his gazebo so come rain or shine there will be cover. Please feel free to drop by for a chat to meet with a Parish Councillor, hear about ongoing work, and ask any questions or raise any issues you might have.

PLAY AREA

The council inspects the play equipment at the village playing field on a monthly basis. In June we commissioned an annual inspection provided by an independent play area inspector who provides a detailed report on the condition of all the individual items of equipment and their compliance with current safety standards.

The wooden support posts on the two flat swings in the toddler area have been showing signs of rot and the report recommended the swings should be taken out of service. This has happened and we are investigating quotes for the repair/replacement of this equipment.



SPEEDING

The Council operates two SAM2 (Speed Awareness Machines) which are moved to fixed locations in Upper Tasburgh and Low Road on a monthly basis. They light up showing the speed of passing vehicles, each vehicle is counted and their speed recorded. This information is then downloaded and posted on the Parish Council website and shared with our Local Beat Manager/Police Officer. They are equipped with a speed gun and will carry out random speed checks when on patrol. In recent years the speed limit on Low Road has also been supported by the installation of additional 30mph repeater signs along the length of the road and village gateway signs.

PARKING AT THE ENTRANCE TO HENRY PRESTON ROAD

This is an issue that continues to be raised by local residents. Parking on the noticeboard side of Henry Preston Road is within the guidelines of the Highway Code providing a vehicle is more than 10 meters from the junction with Church Road. **Parking there must not endanger, inconvenience or obstruct other road users.**

Long term parking by multiple cars vans/commercial vehicles narrows the entrance/exit to one lane, obscures sight lines and creates a hazard for other road users. It is not considerate to park vehicles there just because it is convenient. If there is a space on your own property, please park there out of consideration to other residents.

Tasburgh Parish Council News

TRAFFIC INCIDENT EVIDENCE LOG

We are reinstating this to record incidents such as near misses, speeding, and other behaviour that causes concern on our roads. If you are involved or witness an incident, please help us by noting as much detail as you can and email it to clerk@tasburghparishcouncil.gov.uk. Useful information includes: **date and time of the incident; what happened; where it occurred vehicle details – make/model and if possible registration number.** Where sufficient detail is available, reports will be passed to our Police Beat Manager, who may be able to follow up directly.

DRAINAGE, DITCHES & FLOODING

After the blistering heat of summer, no doubt normal weather patterns will resume. To encourage good drainage down the gradient of Grove Lane the nine drainage “grips” cut into verges will be maintained to ensure they are free of vegetation and sediment.

BUILDING WORK

The wet weather that the autumn brings can wash the residue of summer building work from driveways onto our footpaths and block road drainage grates. Please be considerate and sweep the gravel back onto your driveways and remove any building material that can become a hazard to pedestrians.

REMEMBER, REMEMBER!

Bonfire night and other firework displays are intended to be a fun occasion. However, the letting off of fireworks can cause alarm to other residents. Pets and livestock can also suffer extreme distress due to the loud noises fireworks make, so please show consideration.

WANT TO MAKE A DIFFERENCE IN YOUR COMMUNITY?

If you're interested in how local decisions are made or curious about what's involved in being a Parish Councillor come and chat with us at our stand at the Village Hall Summer Fete on **13th September**. We would love to talk to residents who care about community safety, local services, and village life. Whether you're simply curious or thinking about getting involved, we will be there to answer questions you have and share what the role is really like.

COUNCIL MEETINGS

The Parish Council meets at 7.30pm on the third Tuesday of every month in the Village Hall. Information about future meetings will be posted on our website and the village noticeboards. Everyone in the community is welcome to come along. If you'd like to share a comment or raise a question, please contact the Clerk via clerk@tasburghparishcouncil.gov.uk

Chair, Brian McGuire

Make a difference in your community



Become a **parish** or **town councillor**
and make a difference today.

Local elections are coming up in May 2027
and Tasburgh needs fresh voices
If you're passionate about the village and want to help shape its
future, now's the time to consider joining us
Contact the Clerk or any Councillor to find out how you can get
involved.

Tasburgh Keep Fit Club

Are you over 50, looking to keep yourself fit and active and have an hour free on a Thursday afternoon?

If so, perhaps you might be interested in joining the Tasburgh Keep Fit Club.



We meet at Tasburgh Village Hall on
Thursday from 2pm to 3pm.

We are led by a qualified trainer and everyone works at their own pace. We are a small, friendly group and besides exercising have plenty of laughs.

Why not come along for a free "taster" session? The charge thereafter is £6 per session , payable on the day.

If you are interested and would like more information please contact

Don Gibbins

01508 470225

or just come along.



TASBURGH DEFIBRILLATOR

Is located to the right of the Village Hall main door.

Call 999 in an emergency for an access code

SAXLINGHAM (SAXON) BOWLS CLUB

If you are thinking of taking up a new sport

come along and have a go at outdoor Bowls at our friendly Club on the Saxlingham Playing Field Bowls Green

The Club arranges league and friendly matches, internal competitions, practice sessions and social events

Free coaching for beginners.

Experienced Bowlers are welcome too.

**Contact: Club Captain
Rachel Stevenson on
01508 532617**

REMEMBER you can use the [ONE.NETWORK](https://www.one.network) website to search online for real-time updates of live incidents in your locality including traffic restrictions and roadworks, road closures and diversions, traffic congestion and traffic speed motorway lane closures, accidents, weather incidents, landslips and flooding.

Tasburgh Village Hall



Thank you to all who attended the AGM in June. We had a significant increase in attendees from the public this year which was very pleasing. We reported back on the previous year's activities and presented the 2025 accounts.

Unfortunately Lloyd, Martin and Sally have stood down as trustees but we welcomed Sabrina Woods and Matt Read to the committee. The full list of Trustees is available on our website.

We are having a day of tidying up and painting at the hall on 16th August. There always seems there are lots of jobs to do!

We continue to be a centre for the community with many bookings coming in. There have been children's Nerf Gun parties, as well as 40th, 60th and 90th birthday celebrations. For the first time that I can remember we are even having a wedding ceremony in the hall. We continue to host the TSSC, Tasburgh Sea Scouts, Kuk Sool Wan, Carers, Bowls Board games and many other activities. We do have some space for other groups so please get in touch if you have ideas.

Can I remind users of the hall that we do have a designated smoking and vaping area? Despite being well signposted as a non smoking and vaping area we still observe people using the sloped entrance to the small hall to smoke. This is both unpleasant for people accessing the hall through clouds of smoke and also creates work for our Caretaker in clearing the discarded cigarette butts.

Looking ahead we have our annual Fete on September 13th. Always a great event, this is a fantastic chance to meet some of our regular users and also enjoy a burger (or two) and support the hall by having a go on the raffle and tombola. Plans aren't finalised at time of writing this but please see the poster in this months quarterly. We look forward to seeing you.

We have places for more trustees on the committee. Some spaces are for organisations and some are for members of the public but these must be filled by Tasburgh residents. If anyone is interested in getting involved in keeping this wonderful community asset please get in touch .

Graham Pates, Chair TVHMC

TASBURGH VILLAGE FETE

SUNDAY, SEPTEMBER 13th

★ ★ 12:00pm - 3:30pm ★ ★

A GREAT DAY OUT FOR THE WHOLE FAMILY!
IN AND AROUND THE VILLAGE HALL, TASBURGH

FREE ENTRY



Tasburgh Sports & Social Club



**IT'S GREAT TO SEE YOU
COME ON IN!**

News & Events Roundup

Opening Times

Tuesday 7pm-10pm
Friday 6.30pm-11pm
Saturday 2pm-6pm
Sunday 2pm-6pm

We've had a busy few months since the last quarterly, with celebrations, world cups and some challenges! A huge thanks to our brilliant members for their support and patience and to our band of amazing volunteers who have been on hand when we've needed them.

We are coming to that time of year where TSSC hosts its annual AGM. Please keep an eye on the notice boards and your email inbox for the date. It would be great to have you come along to get caught up on the year's activities and to know more about what's been going on behind the scenes.

As we head into the final quarter of 2026, Tasburgh Sports & Social Club is gearing up for its busiest and most enjoyable part of the year. With live music, family celebrations, festive parties and our ever-popular quiz nights, there's plenty for everyone to enjoy as we see cooler temperatures and warm, cosy nights shared with friends and family, old and new.

LIVE MUSIC RETURNS TO THE CLUB

We're delighted to be hosting a trio of live music nights this quarter, bringing fantastic talent and great atmosphere to the village.

- **Friday 18th September - Dan Starr will be returning to the club** with his vast range of music, covering everything from the classics to current tunes. Why not come and join us for a lively end-of-summer celebration with upbeat favourites to get everyone dancing. **James D** will be there with his amazing food truck too, so why not come along and enjoy music and munchies!
- **Friday 30th October – The Rooks will be joining us for a night of classic rock.** Perfect for an autumn night out. Expect an energetic night with a brilliant mix of genres.
- **Saturday 12th December – Midnight Sun will be playing at the club for the first time!** A local, 6-piece band, with a great sound and energy, they'll be sure to get you on your feet to dance the night away!

Each event will be open to members and non-members, with the bar fully stocked and a welcome as warm as ever.

CHILDREN'S HALLOWEEN PARTY

Our annual **Children's Halloween Party** returns this October, on Sunday 25th, offering a fun and friendly afternoon for families. Expect spooky games, fancy dress, music, and treats — all designed to give the younger members

Tasburgh Sports & Social Club

of our community a safe and exciting Halloween celebration. Parents are encouraged to join in the fun, and costumes are very much encouraged.

MONTHLY QUIZ NIGHTS – SEPTEMBER, OCTOBER & NOVEMBER

Quiz Nights continue to be one of our most popular events, and we're pleased to confirm that they will run monthly from September to November.

- **Friday 4th September**
- **Friday 9th October**
- **Friday 13th November**

Teams of up to 6 people are welcome (£1 per person entry) and the quizzes offer a great mix of general knowledge, themed rounds, and light-hearted competition. Whether you're a seasoned quizzier or just fancy a fun night out, these evenings are a brilliant way to meet neighbours and enjoy the club's friendly atmosphere.

FESTIVE SEASON CELEBRATIONS

As we approach the end of the year, the club will be hosting two New Year's Eve events to ensure everyone has a way to celebrate in style.

CHILDREN'S NEW YEAR'S EVE PARTY

A family-friendly early-evening celebration designed especially for younger party-goers. Expect music, games, glow sticks, and a countdown they can enjoy before bedtime.

ADULTS' NEW YEAR'S EVE PARTY

Later in the evening, the club transforms for the grown-ups. With music, dancing, drinks, and a midnight countdown, it's the perfect way to welcome 2027 with friends, neighbours, and the wider community.

LOOKING AHEAD

Tasburgh Sports & Social Club continues to grow as a hub for community life, and the last few months of 2026 promise to be one of our most exciting periods yet. Whether you're joining us for live music, testing your knowledge at the quiz nights, celebrating Halloween, or ringing in the New Year, we look forward to welcoming you through our doors.

For updates, timings, and ticket information, please follow our Facebook page or pop into the club — we're always happy to help.

Your village. Your club. Your community.

Cheers/Slàinte/Iechyd da!

On behalf of Tasburgh Sports & Social Club

Norfolk County Council

NORFOLK RESIDENTS URGED TO STAY FLOOD READY THIS SUMMER

Residents across Norfolk are being reminded that flooding can happen at any time of year - including during the warmer summer months - and are being urged to stay vigilant and prepared.

While flooding is often associated with winter storms, flooding can happen at any time of year. Evidence shows that the risk is increasing during summer, particularly from sudden downpours that can lead to flash flooding.

Last summer, Norfolk County Council's Flood & Water team received 100 reports of flooding, with 54 confirmed cases of internal flooding and it's been found that over a third (35%) of home insurance flood claims occur between June and August, with almost a quarter (24%) happening in July and August alone, outside of the traditional 'flood season' of October to March.

Flash flooding - caused by intense rainfall in a short period of time - can happen anywhere and is often difficult to predict. It can affect homes and businesses not previously considered at risk and may develop rapidly, even after periods of hot, dry weather.

The Norfolk Strategic Flooding Alliance (NSFA), which brings together organisations across the county to manage flood risk, is encouraging residents not to be complacent.

Henry Cator, Chairman of the Norfolk Strategic Flooding Alliance, said, "Flooding can affect anyone, at any time of year - and increasingly we are seeing it happen during the summer months as well as winter. Heavy, localised downpours can quickly overwhelm drainage systems and lead to flash flooding, often with little warning. That's why it is so important for people in Norfolk to stay aware of the risk and take simple steps to be prepared. Being ready can make a real difference to protecting your home, your belongings and your safety."

IN THE EVENT OF FLOODING

0344 800 8013

**Norfolk's new one stop number
for flooding in our county**

or visit

www.norfolk.gov.uk/flooding

If you are in immediate danger call 999

South Norfolk & Broadland District Council



More information can be found on South Norfolk District Council <https://www.southnorfolkandbroadland.gov.uk> website

A circular inset image shows two children, a boy and a girl, standing on a path next to a body of water with a boat. To the left of the circle is a white bowl with a spoon. The background is purple with large, faint letters 'S' and 'G'. The text 'Let's go!' is written in large, bold, white letters. Below it, 'Let your kids RUN FREE' is written in white. Underneath that, 'Choose a trail today!' is written in white. At the bottom left, 'yes-lets-go.org.uk' is written in white. At the bottom right, there is a QR code and the 'South Norfolk' logo.

Let's go!, a brand new visitor economy website for Broadland and South Norfolk.

Let's go! Showcases some fantastic places to visit, things to do, local events, walking and cycling routes, attractions, accommodation, food and drink venues, and independent businesses across the districts. The initiative aims to encourage both residents and visitors to discover more of what the local areas have to offer, helping to support local businesses and communities.

ST MARY'S GUILD TASBURGH

A friendly supportive
group that meet in
in the Church Room
on the first Monday
of the Month
at 2.30pm



WE MEET SOCIALLY & HAVE A VARIED PROGRAMME INCLUDING SPEAKERS THROUGHOUT THE YEAR.
WE ASK FOR A DONATION OF £2 WHICH INCLUDES THE COST OF REFRESHMENTS.

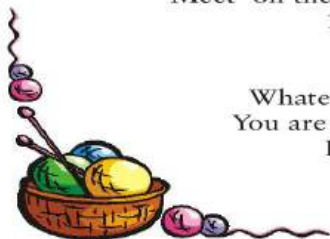
We also fundraise through additional events to support our village church.

For additional information please contact Julia on 01 508 470983

St Mary's Craft Group

Meet on the 1st & 3rd Monday of the Month
10.00am - 12.00 noon
in the Church Room

Whatever your experience or none
You are most welcome to come along
For more info contact:
Jane 07910482852



Tasburgh Tea Room

A café in the village
The Church Room,
St Mary's Tasburgh
Open 2 - 4pm

Drinks and home made refreshments

Saturday 26th September
Saturday 24th October
Saturday 28th November
Saturday 23rd January 2027



For further information
Contact Andrea
Tel: 07930 303065

We'd love to see you

1st Tasburgh Sea Scout Group



What a busy summer term we have had!! All age groups have been busy outside; exploring nature at Burrfield Park, den building at Dunston Common as well as campfires, hikes and a water fight. The Scouts turned to their creative sides with some photography and painting too. We have been making use of our local area including learning tennis at the village hall and the Beavers enjoyed walking all around the village to finish with a picnic at the little park. How lucky we are to scout in a great village.

Venturing further afield the beavers enjoyed a Disney themed sleep over at Saxlingham Scout Hut to celebrate the 40th birthday of Beavers, which was a great success. The Cubs have loved trips out too, with the cinema and raft building at Eaton vale being the favourites.

Looking ahead, I'm afraid I need to tell you we are short on leaders again, especially for Beavers and Scouts. We want to be able to continue providing these super experiences but to do so we need more volunteers. Whether you can help regularly or can give a little time here and there, that will be much appreciated so please get in touch and we can chat about how scouting can be flexible for you.

We also have lots of spaces for young people too, especially in our Beaver section!! So if you've got a 6 or 7 year old keen to find a new activity to keep them busy on Thursdays please get in touch. We would also love to have some younger children on our waiting list too, so we can plan ahead for the next few years and have a space ready for when they turn 6.

Beavers: 6 to 8 years – 5.00-6.15

Cubs: 8 to 10 ½ years – 6.30-7.45

Scouts: 10 ½ to 14 ½ years – 8.00-9.15

Becky Pates (bex.pates@gmail.com) Group Lead Volunteer

DOG FOULING

If you see someone allowing their dog to foul and not clear it up, and if you know the owner's details you can report using the link below (please do not submit photographs of the waste itself)

<https://www.southnorfolkandbroadland.gov.uk/neighbourhood-issues/dog-fouling>





UK Health
Security
Agency

Enjoy the outdoors but 'be tick aware'

Ticks can transmit microbes that cause infections such as Lyme disease or tick borne encephalitis.

Being tick aware by using the following information can help to reduce the chance of tick bites and of being infected:

- you could be exposed to ticks whenever you spend time outdoors, including when in your garden or the local park
- ticks mainly attach to animals, but sometimes they may bite you, your family or your pets
- you can reduce the chance of tick bites by walking on clearly defined paths, using insect repellent and performing **regular tick checks**
- ticks can bite anywhere on the body, including in your hair. More than one tick can be attached to you at a time
- some tick bites can result in infection, so it is important to remove ticks safely and as quickly as possible
- the safest way to remove a tick is by using a pair of **fine-tipped** tweezers or a tick removal tool
- if you begin to feel unwell with flu-like symptoms, persistent headache, confusion or develop a spreading circular red rash (which usually appears within 1 to 4 weeks after being bitten), **contact your GP or NHS 111 promptly**. Mention if you were bitten by a tick or have recently spent time outdoors

Tick sizes compared to a one penny coin



Tick in the environment



Tick attached to skin



Lyme disease bullseye rash



Tick found under hair



For more information, search for the phrases 'ticks' and 'Lyme disease' on these websites:

www.nhs.uk www.gov.uk www.nice.org.uk/guidance

GOV-11370

UK POWER NETWORK

Would you, or someone you know require extra help in the event of a power cut?

Sign up to our Priority Services

Register and we'll make sure you get extra support during a power cut

<https://www.ukpowernetworks.co.uk/.../priority-services...>

Tasburgh Church Newsletter

Autumn 2026

The recent hot weather has been welcomed and enjoyed by some, while to others it presents a challenge. Whatever you feel about the heat, it will eventually give way to a cooler season.

Life has its seasons too. We invest a lot of time and effort in raising our children and when the time comes for them to move away and live their own lives, many parents struggle with the transition. Our bodies change with age and that isn't always easy.

We want to carry on exactly as we always have but we may need to adapt our routines and practices, which can be frustrating.

You will be aware that our Team Vicar, Austin, has recently moved to the Brooke/Hempnall group of churches. We have been told that Austin will not be replaced in the foreseeable future which has meant that we have had to review our pattern of Sunday services, effective from September.

The seasons of life are best handled with grace, so that rather than feeling the loss of what we're letting go of, we can be positive about what we're reaching towards. There's always more to learn and experience. New seasons can be exciting and refreshing if we approach them in the right way.

When faced with such a time of transition (in the words of a well-known hymn) I 'take it to the Lord in prayer' and find that I'm given the wisdom and resilience to cope.

With every blessing

Rev Dawn Davidson

Tasburgh Church News

Tasburgh Church Services



1st Sunday of the month 10.30ish

Freedom Cafe

2nd Sunday of the month 09.30am

Holy Communion

5th Sunday of the month 10.30am

Benefice Service



FOODBANK DONATIONS

For the latest list with items for
donations please visit the website

Waveney Foodbank | Helping Local People in Crisis



Holy Communion at Home

Are you unable to get to church but would like to receive Holy Communion at home?

There is a tradition in the Church of England that Holy Communion is taken to those at home who are unable to get to church because of illness or other circumstances.

Home Communion normally takes place once every four to six weeks and can be a one off or for a longer period. If you would like to receive Holy Communion at home or find out more, please contact Rev Dawn Davidson on 01508 498 924 to have a chat or arrange a visit.

Baptism, Wedding, Funeral

If you'd like to arrange a Baptism or Wedding, ask something about arranging a funeral, please contact Rev Dawn Davidson on 01508 498 924 or email

dawndavidson@btinternet.com

Tasburgh Church Warden

Acting Church Wardens report for St. Mary's Church, Tasburgh.

Well, what a summer we are having!

I hope the heatwaves we have had have meant people have had a chance to slow down and find a cool shady spot to relax and enjoy life with God's creation.

We also had the added bonus that the church is actually warm inside.

We have undergone many changes at St Mary's and are navigating our ways around these. Since Austin Uzoigwe has moved onto the Hemphall and Brooke benefice he is very missed.

Consequently, the clergy serving Tas Valley Ministry has been reduced to two. Team vicar is Dawn Davidson, and the Curate is Rachel Hayden. Resultingly, the number of religious gatherings in Tasburgh commencing from September will be two per month, will be as follows:

The first Sunday of the month will continue to be Freedom Cafe. This runs at the village hall from 10.30 until 12.00. This includes cooked breakfast rolls, vegetarian alternatives, sweet offerings, fruit juice, tea and fresh filter coffee. This a very informal offering, to open the doors to people who would prefer a less structured way of worshipping God or not worship in a church setting. There is no charge for breakfast, but donations are welcome.

The third Sunday of the month will offer a more traditional service of Holy communion at the Church, commencing at 09.30., with refreshments afterwards. All are very welcome to either or both services. If transport is a problem, then there may be opportunities for people to receive a lift

The fifth Sunday of the month, when it occurs, is usually an occasion for all the Church parishioners to join together at differing locations. All these services, and those of other Churches in the parish, are published on the Tas Valley Website.

The Church rooms continue to host multiple groups of local residents. These range from Craft groups, St Mary's Guild, art group, Samaritans purse and Village Cafe. These now include a new alternate Friday morning art group.

If you are able, there is a donation box at the rear of the church to place your gifts for the foodbank, which are distributed via the Waveney Valley foodbank.

Tasburgh Church Warden

The bellringers regularly ring and are frequently heard in the evening around Tasburgh. They welcome new members and full training is provided.

Sadly, one of their regular team, John Varley, has passed away. John was known as a warm upbeat man, who endured his illness stoically. He will leave a gap in Tasburgh life.

We still don't have a churchwarden, but as a church, we try to share the tasks required amongst the Parochial Church Council members and congregation. So many thanks to all for your contributions to help keep the church functioning.

Each day the Church is opened in the morning, making it available for everyone to come in. It is a quiet, calming place, with a bible to view if you choose. If the church offers a contemplative place for you then it is serving its community.

The flower arrangements are excellent, and help to grace the church with beauty and scents. The history of St Mary's is very interesting and is there for all to see.

As a new offering, if you would like the church floodlight for a special occasion, or to commemorate an anniversary or a loved one's passing, then this could be provided for £15.00. The funds would also go towards church improvements.

The Annual Norfolk Churches bike, walk, drive, or classic car drive. will take place on Saturday 12th September from 9am to 5pm. Our church will be hosting people who are taking part, and you are all welcome to enjoy taking part. Any funds raised 50% of donations are returned to participants designated church, and that could be our church! If you would like to welcome people to our church, provide refreshments, and complete their sponsorship, just please let me know.

The church will be hosting a bookstall at the Grand Village Fete in September. This could be a good opportunity to curl up with a good book in the autumn nights, for a bargain price.

Plans are underway to erect a cycle rack near the church room at the rear of the building. This is because someone generously gave a bequest, stipulating that part of it should include a cycle rack, of which we are grateful for.

We wish you everyone many blessings and offer a warm welcome to all.

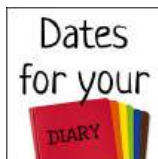
Jacqui Green

St Mary's Guild

EVERYONE IS WELCOME

We usually meet on the first Monday of each month at 2.30 pm, in the church room at the rear of the church building.

Refreshments are provided.



The programme for the autumn season is as follows:-

7th SEPTEMBER 2026

South American adventure
presented by Ruth Gaskin



5th OCTOBER 2026

Autumn flower arrangements,
presented by Silvia Barber

2nd NOVEMBER 2026

Orchids of Costa Rica and Kew Gardens
presented by Pat Alker.



CONTACTS

Julia Orpin

Tel 01508 470983

or

Sarah Norman

Tel 01508 471505

We would love to receive any suggestions for speakers



St Mary's Craft Group

We meet 1st and 3rd Monday of the month

10am -12noon

in the Church Room

Whatever your experience or none, you are most welcome to come along

For more information, contact Jane Rae on
07910482852



Tasburgh Shoe Box

St Mary's Craft Group is participating in the Operation Christmas Child by organising the filling of Shoe Boxes for children in other parts of the world to surprise them at Christmas.

If you would like to donate any items or get involved, please contact Jane Rae on
07910482852



YOU ARE INVITED TO

FREEDOM Café

@ **Tasburgh Village Hall**
1st Sunday of the Month
10.30 ish Start



Come for Breakfast
Including Bacon Butties
& maybe explore
the Christian Faith
0 -110 years Welcome!



Harvest Service

Sunday 20th September • 9.30 a.m

Join us as we celebrate the Harvest season together.

All donations received will support worthy local causes in the village or be given to the Waveney Foodbank.

After the service, everyone is warmly invited to a bring-and-share brunch in the Church Room. All offerings are welcome. There may also be an opportunity for a raffle of perishable produce donated

Remembrance Day Service

Sunday 8th November • 10.45 a.m.

Held at the War Memorial in the churchyard.



A time to gather, honour, and remember.



New Service Pattern

September

6th 10:30ish Freedom Cafe in Village Hall

20th 9:30am Harvest Thanksgiving

October

4th 10:30ish Freedom Cafe in Village Hall

18th 9:30am Holy Communion

November

1st 10:30ish Freedom Cafe in Village Hall

8th 10:45am Remembrance Sunday Service

15th 9:30am Holy Communion

29th 10:30am Benefice Service

Tas Valley Home Groups & Contacts

Our Tas Home groups are not currently meeting on a regular basis.

More details will be available as and when they are available.



Wednesday evenings in Saxlingham

Revd Dawn Davidson

498 924

Thursday evenings in Newton Flotman

William Ball

471 506



Team Rector Revd Dawn Davidson: dawn@tasvalley.org

01508 498924

The New Rectory, The Street, Saxlingham Nethergate, NR15 1AJ

Team Curate Revd Rachel Hayden: revrachelhayden@gmail.com

01508 826971

The Rectory, Church Road, Newton Flotman, NR15 1QB

Contributions for the next Church Newsletter by Friday

30th October 2026 jacquigreen29@googlemail.com



ARTS WEEK

During our recent Arts Week, children from across the Federation took part in a wide range of inspiring workshops led by some very talented artists. This provided opportunities for creativity and self-expression, helping pupils develop confidence and new artistic skills.

At the Ravensingham Centre, Year 3 and Year 4 worked alongside artist Rachael Barns to create an installation using recycled milk bottles. This work formed part of the **Ravensingham Sculpture Trail**, which is open to the public throughout the summer. For more details, see the website:

<https://ravensinghamsculpturetrail.com>

TIME AND TIDE MUSEUM

Robin Class had a swashbuckling adventure at the **Time and Tide Museum**. Dressed as buccaneers, they sailed the high seas towards Great Yarmouth, and had a fun-filled day learning about all things piratical. Shiver me timbers!!!



Norfolk Archeological Trust



TASBURGH 'HILLFORT'



I'm sat on a bench beside the car park in 'The Countryman' at the end of another hot summer day. The sun is beginning its slow descent, and a cool breeze is gently sighing away the oppressive heat and sweat of another long day. Bird song fills the air, somewhere a crow is cawing, and there in the background is always the monotonous hum of the steady stream of traffic on the A 140. I'm thinking about my latest visit to the Tasburgh enclosure: the more I visit the more I find myself wondering what on earth it is. The site always has been, and remains, an enigma. I find the barman and ask him if he knows anything about it. He thinks for a minute and tells me he's heard it was an ancient settlement; "there are notice boards on the site explaining it", he tells me.

It was a blistering 31 degrees this afternoon, hot even at 5:30 when I first arrived. Sheep and young lambs were grazing lazily beneath the shade of the trees along the edge of the field; others were exploring the slopes of the surviving bank and ditch of the enclosure. Ah, those noticeboards: well, I spent my first hour in Tasburgh cleaning the accumulated dirt and grim from all of them, and then I cut back the stinging nettles. I'm working for the Norfolk Archaeological Trust, monitoring the site and helping to keep it presentable. I did my best to cut back the overgrown hawthorn hedge that was beginning to encroach on the wire fencing in the lane. Two and a half hours and I had made little progress; at least the notice boards were clean and a little more accessible.

I had always thought of the Tasburgh enclosure as an Iron Age hillfort. In the old days, we used to think of hillforts as settlements with walled defences; this was in the centuries before the Roman conquest. More recently, there have been a variety of interpretations about what these sites were for, if anything it is probably best to look at each 'hillfort' individually and to try to understand it in its local context. The notice boards talk about animal enclosures and places of refuge, but they also talk about the excavations in and around the site that have revealed Anglo-Saxon and Viking age activity; very little that is early enough for a hillfort. So is the Tasburgh enclosure, as the name implies, a 'Burgh', that is a walled Anglo-Saxon town?

Norfolk Archeological Trust

The information on the noticeboards is helpful but, sipping a cold beer I find my mind unsettled, after all is it satisfactory to label the site Iron Age, Anglo-Saxon, Viking age, or all three? For the moment, I give up the chase and head home: I'm going to have to read a bit more before I can even begin to make my mind up. Maybe there are similar sites in Norfolk I could explore? I leave Tasburgh and head for home musing on a pleasant day in the sun and wishing I had brought Lissa along. Lissa is my partner's Ukrainian rescue dog, totally adorable of course. I'm sure she would have loved the walk across the enclosure field and the smell of the sheep and the animal burrows. Well, maybe next time.



"Sheep grazing on the Tasburgh enclosure bank and ditch"

Paul Shand















Men's Shed

Long Stratton & District Men's Shed

What is a Men's shed?

It's a larger version of a typical man's shed, a place to get together, to share knowledge learn skills and to work on projects & hobbies

We meet
Every Monday 10am to 1pm
 (except Bank Holidays)
 in
Tasburgh

New Members are always Welcome

For further information contact Pete:
 tel:07970 0003916 or email:info@strattonmensshed.org















Autumn Colouring Challenge



Mark Your Calendar

17th Sept, , 15th Oct
19th Nov

26th Sept, 24th Oct,
28 Nov, 23rd Jan 2027

Saturday 12th Sept
Sunday 13th Sept

Tasburgh Carers' Group
Tasburgh Village Hall

Tasburgh Tea Rm
Church Room
St Mary's Church

TAS Produce Show
Summer Village Fete

10.30am- 12.00pm

All sessions 2-4pm

details on page 33
details on page 11

Tasburgh History Society

THE TASBURGH FAMILY

Originally there were two Manors in Tasburgh. At the time of the Domesday Book the main one, which became known as Tasburgh Uphall, was held by a man called Tarolf. We don't know exactly when his descendants began to be called de Tasburgh but for tax collecting and as people began to move around the county and country, it became increasingly important to be able to which Ralph or Roger for example you were talking about.

Certainly the name was in use in the early 1200s and by then the family had also acquired lands at St Peter South Elmham, just over the county boundary into Suffolk. Their powers as Lord of the Manor can be illustrated by a record from 1247 when Ralph de Tasburgh was lord and had been granted the right to try in his own court baron all theft committed by residents in his manor and to execute them and take their forfeited goods.

Gradually the family shifted its base from Tasburgh to South Elmham. The rectors' boards at the back of the church record that in 1274 Roger de Tasburgh, as Lord of Tasburgh Uphall manor, sold the right to appoint the rector, the advowson, to Sir Robert de Tateshale, Lord of Buckenham Castle, and in 1280 he sold the manor itself to Richard de Boyland. The de Tasburgh's moated manor house in the village was located on the higher ground commanding the junction of the river Tas from Tharston with its tributary, the Hempnall stream and would have had its own chapel, because there is a record of a grant of a right of way in 1289 passing between Sir Richard de Boyland's courtyard and his chapel of St. Michael.

The family's house in South Elmham was just to the north of St. Peter's Church, but they hadn't severed all links with Norfolk because they also owned property in Norwich where they are recorded in the 1400s as merchants and freemen of the city. We know that by the next century the family had dropped the "de" from their name because following the Dissolution of the Monasteries John Tasburgh was recorded as the purchaser of Flixton Priory and used much of the stone from there to expand and improve his own house St. Peter's Hall, now home to St. Peter's brewery and restaurant.

In his Will the same John Tasburgh asked to be buried "in the chapel of our Lady Mary Virgin on the north side of the church of St Peter before the image of our Lady" but the chapel later fell into disrepair and was demolished c.1800 so there's now no trace of the Tasburghs to be found in the church. His grandson, Sir John Tasburgh, substantially expanded the family's land holdings, and in 1615 built a grand house for the family in Flixton overlooking the Waveney valley.

However, with their Royalist and catholic sympathies, two thirds of the family's estates were confiscated by Cromwell and the puritans after the Civil War, though they retained the house and surrounding park. During a royal tour of Suffolk, Charles II admired Flixton Hall, and on being told it was owned by a "Popish dog" is said to have replied "*but the dog has a very beautiful kennel !*" In 1678 the family was implicated in what became known as the Popish Plot to replace Charles II with his catholic brother, later James II, but the plot turned out to be the fabrication of a man called Titus Oates and the family escaped a charge of treason.

In 1713 the male line of the Tasburghs died out and later the Flixton estate passed out of the family, but Flixton church still displays many floor ledger slabs and memorials bearing their name. The Hall was badly damaged by fire in 1846 and was re-built in an even more grand style by the then owner Sir Robert Sholto Adair, but after WW2 the costs of repair and death duties forced the sale of the 3000 acre estate, and the Hall was eventually demolished in 1953.

Ben Goodfellow

Tasburgh Allotment Society

News from down on the Allotments

No prizes for guessing what has been keeping the TAS members busy and fit over the summer months. Yes, we've all been making good use of our watering cans and the biceps have grown. As I write in early August we've still not had any decent rain for weeks. The records speak for themselves, the driest July ever on record with nationally only 7% of expected rain and parts of the south down to 1% of that. That's on top of a dry summer last year as well, and you can understand the hose pipe ban that was set in force on July 11th.



The plots are in good shape though and deep rooted plants are still coping just. In particular, the Dahlias look great across many plots and as long as you watered beans, peas and courgette's well, these are also yielding satisfactorily. A few disappointments to mention (personally) were Strawberries (freshly moved to current home – so not surprising), potatoes and strangely rhubarb (everybody else's looks OK)



What effect will this weather have on the Village Veg, Fruit and Produce Show? Don't forget this is almost upon us (and we look forward to seeing as many entrants on the as possible. There really is something for everyone to have a go at. See opposite for the classes that might interest you – a chance to show off your talents.

Running times on Saturday 12th September at the Village Hall are

09:30-10:30	Registration of entries (no pre booking needed).
11:00-12:00	Judging Session
12-15-12:30	Awards Ceremony
12:30-13:00	Viewing



**It's a fun few hours and all carried out with good humour
We thank the Village Hall & Social Club
for their support for the Show.**

Tasburgh Allotment Society

TASBURGH PRODUCE SHOW SATURDAY 12TH SEPTEMBER CLASSES

Simply Come Along and Register Entries on the Day Between 9:30 – 10:30am

Section A:

Home Made Produce

- A1 Three Sausage Rolls
- A2 Six Eggs
- A3 Three Egg Victoria Sponge
- A4 Jar of Jam or Marmalade
- A5 Jar of Fruit Curd
- A6 Jar of Pickle or Chutney
- A7 Homemade Honey
- A8 Loaf of Bread Any Type
- A9 Lemon Drizzle Cake
- A10 Homemade Cordial
- A11 Three Sweet Scones
- A12 Three Savoury Scones
- A13 Three Norfolk Shortcakes
- A14 Three Cup Cakes
- A15 Homemade Beer, Cider or Wine
- A16 Homemade Flavoured Spirit

Section B:

Root Veg

- B1 Three Potatoes
- B2 Three Carrots
- B3 Three Parsnips
- B4 Three Onions from Sets
- B5 Three Onions from Seed
- B6 Three Shallots
- B7 One Garlic Bulb
- B8 Three Beetroot
- B9 Three Leeks

Section C:

Other Veg

- C1 Ten French Beans
- C2 Six Runner Beans
- C3 Two Cobs Sweetcorn
- C4 Two Courgettes
- C5 One Marrow
- C6 One Cabbage
- C7 One Cauliflower
- C8 Six Cherry Tomatoes
- C9 Six Other Tomatoes'
- C10 One Squash
- C11 Three Chillis
- C12 Three Different Veg
- C13 Any Other Veg

Section D:

Novelty Veg

- D1 Longest Runner Bean
- D2 Longest Carrot
- D3 Heaviest Onion
- D4 Heaviest Marrow
- D5 Heaviest Potato
- D6 Largest Pumpkin (circumference)
- D7 Humorous Veg

Section E:

Flowers

- E1 Three Dahlias Dinner Plate Large
- E2 Three Dahlias Poms
- E3 Three Dahlias Cactus
- E4 Three Dahlias Spray
- E5 One Sunflower
- E6 Six Sweet Peas
- E7 One Spike Gladioli
- E8 One Rose
- E9 One Potted Succulent
- E10 Flower Arrangement Homegrown Only
- E11 Flower Arrangement Including Bought

Section F:

Fruit and Herbs

- F1 Three Apples
- F2 Three Pears
- F3 Dish of Twelve Soft Fruit
- F4 Bunch of Herbs

Section G:

Homemade Art and Craft

- G1 Gardening Art Any
- G2 Gardening Photography
- G3 Knitting and Crocheting
- G4 Embroidery

Certificates of achievement to be won in all classes. Most Wins and Best in Show awards. Section Winners and U16 Winners recognised.

Contact simon.orford@jic.ac.uk for further information. 30p entry per class. One entry per person per class.

Tasburgh United Charities

COST OF LIVING CRISIS

WAR IN THE MIDDLE EAST – FUEL PRICES SOARING

CLIMATE CRISIS – FOOD PRICES ROCKETING

Watching the news nowadays can be depressing. Everything is a crisis, and every crisis causes prices of everyday necessities to go up and up.

Many families are struggling to put food on the table and heat their homes, and an unexpected bill can tip them over the edge and into debt. In particular, with oil heating systems, filling your tank for this coming winter may be impossible.

If this is you, please do not feel that you cannot afford heating this winter, or that you have to choose between food or heat. Tasburgh United Charities have a certain amount of money available each year to assist residents of the Parish who, regardless of age or reason or employment status, find themselves in need of financial help.

If you know someone who you believe is facing hardship but may be reluctant to seek help, please do try to persuade them to apply to us. We hate to think that anyone may be struggling but be too proud to seek help. We never judge anyone, and all applications are treated with discretion and in the strictest confidence. We would like to stress that we are here for ALL residents of Tasburgh.

Usually, assistance is given in the form of a payment towards general living expenses. However, we can also arrange a delivery of heating oil or make a one-off payment towards a specific large expense, such as a new oil tank, a new baby in the family, or funeral expenses.

If you are a student off to university this year, beginning an apprenticeship, attending interviews, or in training for any other career, even if you are still living at home, we can also make a contribution towards your costs, such as books, new PC, travel, or just general living expenses.

If you would like assistance, to be considered for a distribution, or just a general confidential chat about how to get help, please contact one of the trustees below. Application forms are also available to download from the Parish Council website and can then be returned to any of the trustees below. Again, all information given is confidential.

Mrs Jill Casson

12 Hastings Close
470334

Mrs Rachel Mahoney

6 Matthews Close
471271

Mr Keith Read

Thornly Barn, Saxlingham Lane
470229

Mr Roger Burnett

22 Orchard Way
471031

MOURNING MISSED

Visibility variable,
causing driving distress
Thick murky moisture,
no solar success.

Definition diluted,
boundaries blurred,
Magically muted,
sounds hardly heard.

Street lights shine feebly,
a weak ghostly glow
Vague silhouette shapes,
gradually glow.

Laboriously lifting,
a reluctant return
Victorious sun shining,
it's warmth bringing burn.

Towering treetops,
returning revealed
Briefly lost boundaries,
hastily healed.

Sunlight is shrinking,
causing daylight diminish
Temperature tumbling,
a frosty fog finish.

Last light is leaving,
window drapes drawn
Until rinse and repeat,
a new misty morn.

Rob Buttle

NEXT EDITION

The winter edition of the Quarterly
and Church News will be
distributed by the end of
November 2026

Contributions from local
organisations are always welcomed
and can be emailed to the Parish
Clerk for inclusion. We would be
particularly pleased to receive
suggestions for regular articles.
All articles to the Parish Clerk,
clerk@tasburghparishcouncil.gov.uk
by

30th October 2026

TASBURGH UNITED FOOTBALL CLUB

We train at Long Stratton Leisure
Centre's 3G pitch during the season
and some of our teams train into the
summer at some of our match
venues too.

To find out more, you can message
us via Facebook

www.Tasburghunited.com

We're on Facebook

www.Tasburghunited.com

FLORDON FILM CLUB

Please note that the club does not
meet during the summer, but will
start up again in
September.

In the meantime, if
anyone requires more information
about the club, please contact

David Harrison
01508 470118 or via
david020747@hotmail.co.uk.

**A LARGE PRINT VERSION
OF THE TASBURGH
QUARTERLY AND CHURCH
NEWS
IS AVAILABLE
UPON REQUEST**

**PLEASE CONTACT
01508 494569**

Tasburgh Treats & Cookery Corner

COURGETTE BROWNIES

This recipe is a creative way to use up a glut of courgettes. The key to baking with the vegetable is that while it gives moisture to a cake, a lot of the water content must be removed to avoid a raw or rubbery texture. I suggest adding in milk/white chocolate chips, almonds or walnuts to the batter. They also won't last as long after they're made as regular brownies so don't hold back!

INGREDIENTS:

250g courgettes
150g salted butter, cubed
200g dark chocolate, broken into pieces
3 large eggs
90g plain flour
200g golden caster sugar
2 tbsp cocoa powder



Start by grating the courgette. Next, using a clean tea towel squeeze as much of the water out of the courgette as possible, you should notice a significant reduction in its weight.

Pre-heat the oven to 180 degrees.

Melt together the butter and chocolate in a glass bowl in the microwave or over a pan of simmering water, set aside to allow it to cool. Meanwhile, add the eggs and sugar to a large mixing bowl and use an electric whisk to beat until pale and fluffy.

Add the chocolate mixture and sift in the flour and cocoa powder then, using a wooden spoon or spatula, gently fold the batter together to avoid removing too much of the air. Finally, fold in the grated courgette and any add-ins.

Pour into a lined baking tray and place in the oven for 35 minutes.

Remy

A huge THANK YOU Remy for the wonderful recipes you have shared with us

Your contributions have been a real highlight, and you will be greatly missed. As Remy now moves on, this will sadly be their final recipe contribution, and we wish them all the very best for the future. If there is anyone who would be interested in continuing the recipe feature please contact clerk@tasburghparishcouncil.gov.uk

Tharston & District WI

In April twelve members attended the 106th Federation Annual Meeting at the Theatre Royal. The first speaker was Peter Marron, project manager for the charity Break, which has a shop and two homes in Long Stratton. Formed in 1968 when it was found that there was no respite provision for disabled children or those in care. The charity works across East Anglia and their Staying Close, Staying Connected Service supports those aged over 18 who have to legally leave care.

The second speaker Sarah McManus, on behalf of Leeway, established in 1974, explained how their vision is to give women a life free from abuse which can be emotional, coercive control, financial and physical with a 24/7 365 days a year advice line. An outreach team also supports young people regarding healthy relationships and there is a range of volunteering opportunities with relevant training.

The afternoon speaker was author Joanne Harris MBE known for her novel *Chocolat*, which was adapted into a film of the same name. Born in Barnsley above her grandparent's sweet shop to an English father and French mother she gave an account of her life and how she has an affinity with scent and colour with the colour red signifying chocolate.

At the event one of our members accepted the plate for winning the Centenary Salver Competition. The theme this year was 'A Period in Fashion' (past, present or future) which was represented by Bernice, Gill, Cynthia, Jo and Caroline who undertook one different craft each from a choice of nine classes to interpret the theme of the 1920's.



Our meeting in May saw the return of Linda Scholes whose talk entitled 'Help! I need a lifestyle advisor' caused hilarity as she recounted the six resolutions she had made at the New Millennium and how they had been accomplished successfully or in most cases not.

At our meeting in July we welcomed Chris Davis, invited members to learn a selection of traditional country dances. Starting with the Skaters Waltz, members were introduced to a Polka a dance called Soldiers Joy and a Jewish Wedding dance concluding with the traditional Ceilidh Circassian Circle dance. Great fun for everyone whether they chose to dance or not, and no 'two left feet' to be seen!

Our next meeting in August will be for members only to celebrate our 60th year but we will be pleased to welcome new members at our meeting on Thursday September 10th when our talk will be about the Hidden Treasures of Norfolk's Secret Sea to be held at Wacton Village Hall at 7.30pm. For further information phone 07754214964

Dawn Hames

Tasburgh Carers Group



Firstly, a huge thank you to all those who supported our coffee morning on the 2nd May. We were delighted to have raised £539 enabling us to continue the group for another year. We were also able to split our profits with the village hall.

As a group we meet to support carers and those they care for. Carers can come along by themselves or attend with those they care for.

Our monthly Thursday sessions offer a warm welcome, a cuppa and biscuit and an opportunity to chat, make new friends and experience peer support.

New members are always welcome, please pass our information on to any friends, neighbours or relatives from Tasburgh or surrounding villages who may be interested in connecting with us.

We meet on the 3rd Thursday of the month from 10.30 – 12.00
in the small hall (which is fully accessible)

Future dates:

17th September, 15th October, 19th November 2026

Carers Matter Norfolk have a service that offers information and support for all carers in Norfolk and their help can be accessed online or by helpline, our group is advertised on their website.

<https://carersmatternorfolk.org.uk/>

0800 083 1148

For further information you can contact the secretary of the group
(Rachel Mahoney)

Tel 01508 471271 email rachel.mahoney71@gmail.com



A REMINDER

Outreach Post Office – New Day & Time

The Outreach Post Office has now moved to a new schedule. To streamline services, the team will be combining their visit with the Newton Flotman session.

The service will now run every Wednesday from 9.45–10.45am.

Thank you for your understanding, and we apologise for any inconvenience this may cause.

**If you would be interested in helping to distribute the
Tasburgh Quarterly & Church News
please contact clerk@tasburghparishcouncil.gov.uk
for more information**

Burrfield Park



For more information contact carole.hill.tas@gmail.com

SHARE YOUR TASBURGH PHOTOGRAPHS

We would love to showcase your photographs on the front cover of forthcoming editions of the Tasburgh Quarterly & Church News.

If you've captured a beautiful landscape, a village event or a hidden corner of Tasburgh, please send your images in for a chance for them to feature on the front cover.

To ensure the best print quality, photos should be taken in portrait orientation and be high resolution.

Please email your photos to:
clerk@tasburghparishcouncil.gov.uk

Long Stratton Medical Partnership

JOIN OUR PATIENT PARTICIPATION GROUP – WE NEED YOU!

If you are a registered patient at the practice, we would like to invite you to become an active member of our Patient Participation Group (PPG). This is a wonderful opportunity for you to help shape the future of your GP surgery and make a real difference to the care and services provided for our whole community.

Our PPG is made up of a group of volunteer patients and practice staff who work together to improve the services and experience for everyone at the practice. Our group meets regularly to discuss ideas, provide feedback, and support the practice in delivering the best possible care.

We are looking for patients who are willing to take on an active committee role. This means going beyond simply attending meetings, we want passionate, engaged individuals who are prepared to:

- Attend regular PPG meetings (approximately 8 times per year)
- Take on a named role such as Chair, Vice Chair, Secretary or Member Representative
- Help plan and run patient surveys, health awareness events or information sessions
- Act as a voice for your fellow patients, gathering views and feedback
- Collaborate with the practice team on improving services and communications
- Contribute ideas and help implement agreed actions between meetings

We are particularly keen to hear from people who:

- Are passionate about improving local healthcare
- Represent a broad range of ages, backgrounds and experiences
- Can commit time and energy to making meaningful contributions
- Are willing to listen to others and work collaboratively as part of a team.

If this is you, and you are interested in joining us as an active committee member, please register your interest as soon as possible by either:

- Completing the expression of interest form available at reception, or speak to a member of the reception staff
- Emailing us at longstrattonppg@gmail.com (please use this email if you also wish to have more information on the PPG)

Join us and help us build a stronger, more patient-centred practice for everyone. We look forward to hearing from you.

Martin Lander, PPG Chair

Classifieds



**YOU CAN
PROMOTE
YOUR
BUSINESS
AND
SERVICES
HERE**

Telephone: 07709850045 / 01508 471596

E-mail: ian@isellpianos.co.uk

If you are a local business who does not advertise in the Quarterly, then why not consider doing so.

The Quarterly is published every quarter and is delivered free of charge to residents in Tasburgh

COST OF ADVERTISING

If you wish to advertise in the Quarterly please contact
clerk@tasburghparishcouncil.gov.uk

prices as follows:

Greyscale: full page £54.40, half page £38.40, quarter page £20.00

Colour: full page £104.00,
half page £72.00, quarter page £40.00

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TASBURGH SPORTS & SOCIAL CLUB – WHAT'S ON



Join us throughout the last few months of the year to dance the night away, party like you're in the Thriller Music Video, and deliberate with your team-mates to win one of our monthly quizzes!

LIVE MUSIC NIGHTS

Fri 18 Sept – Dan Starr

Fri 30 Oct - The Rooks

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Sun 25 Oct 3 – 6PM



QUIZ NIGHTS (teams of 6 people max, £1 per person entry)

Fri 4th September

Fri 9th October

13th November

To enter your team, contact James on 07786 010732



NEW YEAR'S EVE CELEBRATIONS -Thursday 31st December

CHILDREN'S NEW YEAR'S EVE PARTY – 3 – 6pm

ADULTS' NEW YEAR'S EVE PARTY – 7.30 – Late.



For updates, timings, and ticket information, please follow our Facebook page or pop into the club — we're always happy to help

Until next time, **Cheers / Slàinte / Iechyd da!**

Tasburgh Sports & Social Club